



Gloucester House Newsletter

27th March 2026

Message from SLT

Dear Parents and Carers,

We cannot quite believe that we are already at the end of the spring term. Although it has been a short term, it has certainly flown by. In this brief period, we have had so much to celebrate and be proud of — from the learning and progress pupils have made, to their enthusiastic engagement in our EDI and themed events. Their curiosity, creativity, and growing confidence have been a joy to see.

As we finish the term, we also want to take a moment to say goodbye to the Tavistock and Portman, the organisation under which Gloucester House has proudly sat for many years. We want to extend our heartfelt thanks to all Tavistock staff — past and present — for their support, expertise, and commitment to our pupils, families, and school community. Their contribution has shaped Gloucester House into the nurturing, specialist environment it is today. As we move into the North London NHS Foundation Trust (NLFT) after the break, we do so with deep appreciation for everything the Tavistock has given us.

Today, we also say goodbye to our class teacher, **Tyler**. We thank her for everything she has brought to Gloucester House and wish her all the very best for the future.

Looking ahead, the summer term is always a special one. We will be welcoming new pupils into our community and supporting some of our current pupils as they move on to their next placements.

We will also be hosting our **annual Garden Party on 7th of July** — please save the date, with more details to follow early next term.

We look forward to continuing to build our school community with you.

We will see you on **14th and 15th April** for ICP days, and we look forward to welcoming pupils back on **16th April**.

Wishing you all a restful and happy Easter break when it comes

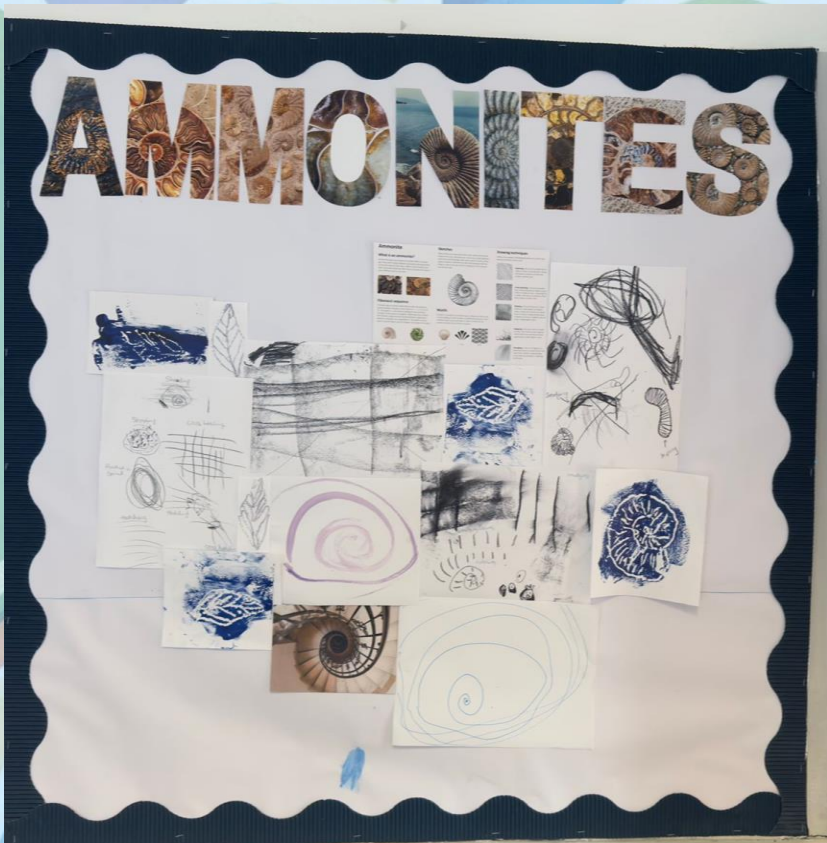
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Garden Party

Save the Date
7th July 2026

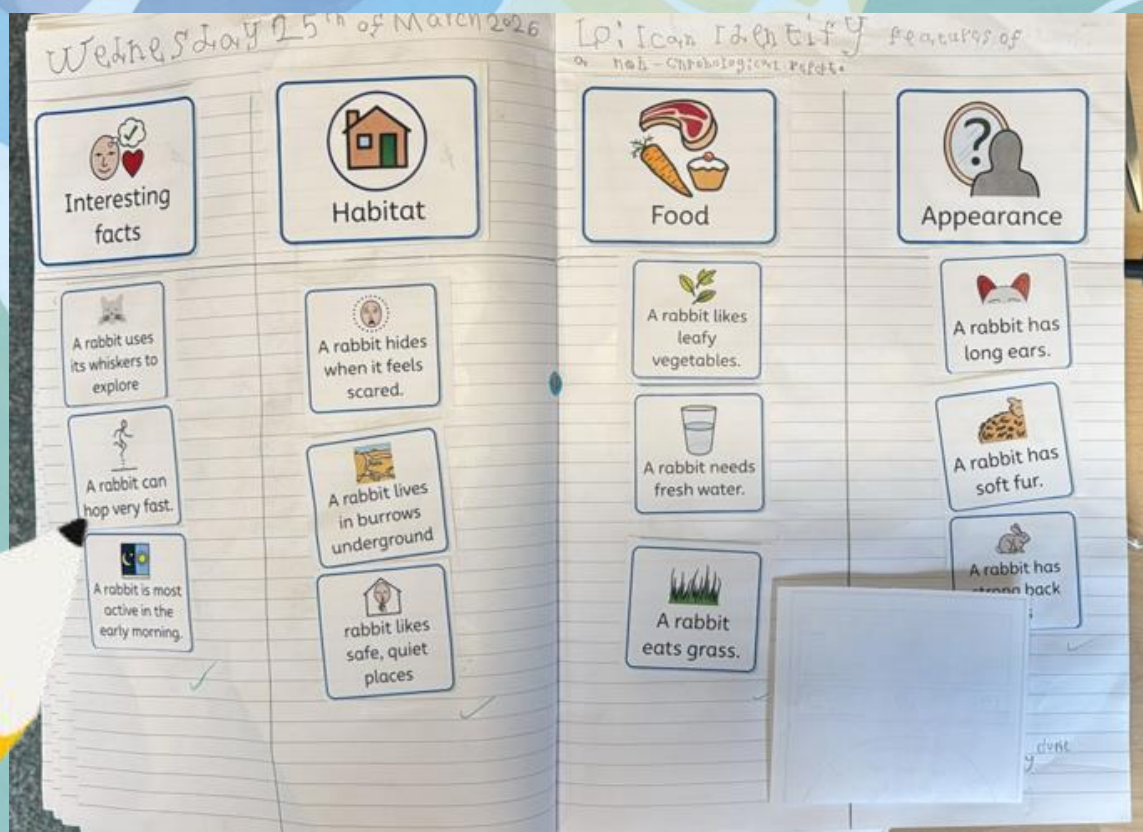
Workshare



Some more great work from Neptune



Non-chronological report identification task from a pupil in Neptune





Easter and Passover

Last Thursday, pupils and staff enjoyed a wonderful day celebrating both Passover and Easter through food, creativity and shared activities.

Pupils started in class for egg-dying, which ran through to first break and set the stage for activities later in the day.

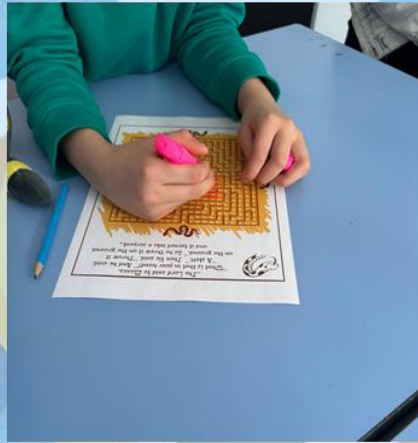
After break, everyone came together in Mars class for a Passover assembly, followed by a Passover-themed escape room that pupils tackled with great enthusiasm.

Second play featured the lively "Cross the Sea" Passover game, which proved a hit and added to the fun of the morning. After lunch, pupils put their creativity and problem-solving skills to the test by designing parachutes for the eggs they had dyed earlier, ready for an egg-drop challenge.

The day finished on a high with an Easter egg hunt. Pupils followed clues around the school, each one leading them to a member of staff holding their egg — a brilliant end to a busy and joyful celebration.



Easter and Passover activities





Attendance last week



This week's attendance sits at 70%, a temporary dip linked to the current bout of illness, and we thank families for following guidance and bringing pupils back to school at the right time.

We hope to see an increase after the Easter break.



Kindness Champion



On a Friday, we celebrate pupils' achievements. We have **Kindness Champion** for those pupils who have shown kindness especially towards adults .

Important Reminder

Integrated Care Plans (ICPs): Parent & Carer Meetings

Invitations for our upcoming Integrated Care Plan (ICP) meetings have now been sent to all parents and carers for after the Easter break.

These meetings are an important opportunity to discuss your child's progress, celebrate achievements, and look ahead to the next set of goals towards their therapeutic and academic achievements

If you have not received your invitation or need to adjust your appointment time, please contact the school office and we'll be happy to help.

Easter Holiday Support:

Local Activities, Childcare and Financial Help

Here is some information from local councils on Easter holiday activities, childcare and available financial help for families that you might find useful.

Brent

Financial support:

[Holiday Activities and Food Programme | Brent Council](#)

Childcare support/activities and clubs:

[Childcare for school aged children | Brent Council.](#)

Barnet

Financial support:

[Holiday Activities and Food \(HAF\) Programme | Barnet Council](#)

Childcare support/activities and clubs:

[Barnet Youth – Child and Family Early Help Service - Home - Home](#)

Camden

Financial support and Childcare support/activities and clubs:

[Holiday Activities and Food Programme \(HAF\) - Camden Council](#)

or

haf@youngcamdenfoundation.org.uk

Enfield

Holiday and financial support: [Holiday activities and food programme | Enfield Council](#)

Haringey

Holiday and financial support: [Holiday Activities and Food \(HAF\) programme | Haringey Council](#)

Experience of Service Questionnaire (ESQ)

We're inviting all parents and carers to share their views on the mental health support their child receives at Gloucester House. Your feedback is incredibly valuable and helps us understand what's working well and where we can improve. The questionnaire is confidential and takes just a few minutes to complete.

Please use the QR code to access the questionnaire or use the following link:

[Radar - Embedded Form](#)



Updates

Termly Care Plans Coming After Easter

After the Easter break, our clinical team will begin sharing a termly care plan for each child at Gloucester House School.

These plans outline the therapeutic interventions your child receives while with us, including **universal**, **targeted**, and **specialist** support.

These care plans focus specifically on therapeutic provision and sit **separately from your child's academic learning**. Each family will receive their child's individualised plan by email, so please keep an eye on your inbox.

We hope this gives you a clearer picture of the support in place and how we work together to help your child thrive.

Gardening Group Update – Saturn Class

Saturn Class have been busy in the garden this week, planting spinach seeds and learning the basics of sowing and watering. The children are hoping their seedlings will make good progress over the Easter break, ready for them to check on when we return to school.

A simple, hands-on start to spring for our young gardeners.



Clocks go forward Sunday 29th March

As the clocks change this weekend, some children will find it confusing that they are going to bed whilst it's still light. We made a social story to help you explain the brighter evenings to your children.

Why I Go to Bed When It's Still Light Outside

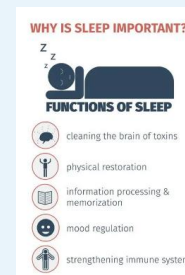
In England, in the summer, the days are longer. The sun rises a lot earlier and sets a lot later, and it can still be bright outside when it is time for bed.

Sometimes this can feel confusing. I might think, "It's still light, so it can't be bedtime yet."

But bedtime is not decided by how light or dark it is outside. Bedtime is decided by what my body and brain need.

My body needs sleep every day to stay strong and healthy. My brain needs sleep to help me think clearly, learn new things, and stay calm.

Even when the sun is still shining, my body can still be tired.



Going to bed at the same time each night helps my body know when to rest. This makes it easier for me to wake up in the morning and feel ready for school.



If I don't get enough sleep, I might:

- Feel grumpy or angry
- Find it hard to concentrate
- Have less energy for things I enjoy
- Find it harder to manage my feelings



While it is light outside, I can try and get ready for bed at my usual time by:

- Closing the curtains or blinds to make my room darker
- Getting an eye mask ready to wear while I sleep
- Having a calm routine, like reading or listening to quiet music
- Turning off screens 1 hour before bed
- Wearing comfortable pyjamas and getting cosy



Even though it is bright outside, my room can feel calm and ready for sleep.

Lots of children go to bed when it is still light in the summer. I am not the only one.

Going to bed on time helps me:

- Have a better day at school
- Feel more in control of my emotions
- Enjoy my time with friends and family
- Stay healthy and strong



It is okay if it feels strange at first, but I can get used to it.